



National Women's Register: NORWICH Group 2

Programme – April to November 2025

Meetings take place fortnightly on Wednesday morning, are very informal, and usually held in a central location. You will find a warm welcome whatever your age or personal circumstances.

Meetings begin at 10.30am unless otherwise indicated.

DATE	TITLE
2nd April	'Myths and Legends' This connects to the recent release of eight mint stamps by Royal Mail telling the story of famous myths and legends. Come and share stories of your favourite myth or legends.
16th April	Nature. How important is it to you? Do you have a favourite natural place or places near where you live or have visited farther afield. What are they like? How does connecting with nature make you feel. What do you appreciate most about being in the great outdoors?
30th April	'When and Where in History'. As History is such a vast subject, we'd like you to imagine you have a time machine that could take you back to any time and place in History. Come and share with us when and where you would like to go and why.
14th May	'Your most embarrassing moments'. Come and share some with us if you dare!
28th May	'If you could be a superhero, who would you be and why?'
11th June	'What is the oldest book you have on your shelf?' How many times have you re-read it or has it just been collecting dust!'
25th June	'My favourite work of art - it can be any form of art.' Bring or share a photo of your favourite piece and what this means to you. Discuss how you feel about whether modern art pieces are really art.
9th July	'Your favourite film / documentary and director.' Share what you love about the film and what you admire about the director.
23rd July	'Your favourite food'. Do you like to cook? What cook / chef has inspired you to try new recipes? What is the most adventurous thing you've eaten, and do you try local food when you visit other countries? Share what you like about the foods you love and maybe a family favourite recipe!
6th August	'Connections' - of a sensory nature! Does a certain smell, an item of fabric/clothing, a song, a food or an object take you back to a place/time in your memory or connect you through those senses to remind you of a person or a place?

20th August	'Cultural festivals and rituals from around the world'. Get Googling and come and share what you have discovered, which of these you have experienced or would like to.
3rd Sept	'Where am I?' Bring along three clues to a city or country and see if you can guess where it is. We will also have a quick famous landmark quiz with photos and clues.
1st October	Artificial Intelligence (AI) - should we be afraid? Discuss the pros and cons. Artificial Intelligence (AI) offers benefits like increased productivity, task automation, reduced human error, and support for innovation, but it presents challenges including potential job displacement, the spread of misinformation, privacy risks and significant environmental impacts from its infrastructure.
15th October	'The Channel Islands' which is NWR's country-based theme for 2025. You can login on the website to find information about the islands, try out some recipes and have a go at the quiz.
29th October	'Money and The Royal Mint'. Explore 1,100 years of history and see what you can discover and share with us.
12th November	'Keeping fit and healthy'. How have our habits and perceptions evolved over time?
26th November	Christmas social – getting together for lunch