

## Middlesbrough NWR Autumn 2023-Summer 2024 Programme

THE NATIONAL THEME FOR THIS YEAR IS “COURAGE, DEAR HEART!”

Date	Topic	Contributors	Host / venue	Notes
Fri 8 Sep 6.30- 9.30pm	Book swap and recommendations for the Autumn ahead – bring your list of what you’ve read and enjoyed most this year	All	Karen – Great Ayton	Transport with Andrea for 4
Sat 9 Sep 7.30pm	Theatre trip - “History of Rock” performance	Andrea and Jane	Forum Theatre Billingham	
Fri 15 Sep 6.30 – 9.30pm	Planning meeting for the year – what you’d like to do in 2023!  incorporated with the final night of the online national “Alternatives” conference (Mon 11 – Fri 15) for the QUIZ on zoom	All	Jane – Stockton	
Wed 20 Sep 9.00 – 16.30	North East Area Conference in Harrogate – one full day, theme – Northern Wilderness Revisited / Going Wild	Andrea, Jane, Sue W	The Crown Hotel, Harrogate	Transport with Andrea
Sat 7 Oct 2pm, setting off at 12	History Wardrobe Presentation - “Wool, jet and whalebone”, a fashionable history of Whitby life	Andrea and whoever else wants to join me!	Whitby Museum	£12.50, transport with Andrea
Wed 18 Oct 6.30 – 8.30pm	History Wardrobe Presentation – “Monday is Wash Day”	Shelagh, Sue H, Andrea, Jane	Stockton Central Library	£10, must be pre-booked
Fri 20 / 27 Oct 6.30 – 9.30pm	Talk by local author Edna Honeysett (Isobel to confirm) or another from Jane’s list of speakers or genealogy discovery evening by Andrea	All	Jane - Stockton	
Sat 28 Oct all day	Trip to Halifax – Bankfield Museum for The History Wardrobe Clothes exhibition (free) followed by Shibden Hall	Andrea, Isobel, Shelagh, Judy ?		Transport with Andrea for 4
Fri 3 Nov 6.30 – 9.30pm	Online murder mystery – ESCAPE ROOM evening	All	TBC	
Sat 11 Nov 10 - 4	Mind, Body and Spirit Retreat Day run by Wendy Dixon, our newest member	Andrea and Sue H	Redcar - £85 including lunch	
Sat 18 Nov 9 – 10.30am	Private Group Breakfast in Stokesley  and then possibly a walk around the town/riverside (weather	ALL plus Karen’s friend and Audrey’s daughter	Lip Smackers, College Square, behind II	Transport with Andrea for 4

	permitting)		Mulinos - £10 each, deposit due in Oct	
Wed 15 Nov 7.30 - 10pm	National Telephone Treasure Trail	All	Shelagh - Guisborough	
Fri 24 Nov 6.30 -9.30pm	Nursing from the Middle East to Middlesbrough – a talk by Judith Coverdale, who has 35 years experience on the job	All	Audrey – Coulby Newham	
Fri 8 Dec 6.30pm onwards	Christmas Party	All	TBC	Drink and share supper with Secret Santa gifts
Fri 19 Jan 6.30pm onwards	Games Night – board games	All	Rosemary - Saltburn	Transport with Andrea for 4
Fri 2 Feb 6.30 – 9.30pm	Another talk on travels by epic explorer, Shelagh! - South Africa and a cruise around the British Isles	All	Shelagh - Guisborough	Transport with Andrea for 4
Fri 1 Mar 6.30pm – 9.30pm	Food and drinks taster evening  With a chocolate meditation – Wendy Dixon	All	TBC	Transport with Andrea for 4
Fri 29 Mar – Tue 2 Apr  *Easter weekend*	Our first international holiday! Amsterdam from Teesside Airport, with KLM (flight approx £150), staying in a townhouse in Monnickendam (£1320 divided between us) – sleeps 5	Andrea, Shelagh, Hilary and Sue W		
Sat or Sun 6/7 Apr	Farndale Daffodil Walk with a Daffy Cafe stop for coffee/cake/lunch	All		3 mile easy, flat stroll!
Fri 12 Apr 6.30pm	A talk by Martin Peagam or one from Jane's list	All	Jane - Stockton	Transport with Andrea for 4
Fri 17 May 6.30pm	Bring an object or oldest book from your home – guess who they belong to, talk about the discoveries	All	TBC	Transport with Andrea for 4
Fri 14/21 Jun 6.30pm onwards	Summer party – Caribbean themed	All	TBC	Transport with Andrea for 4
Spring / Summer	Teesside Princess river boat cruise from Preston Park to	ALL - to be arranged		

outing ideas	<p>Yarm and back – with food ?</p> <p>Helmsley Walled Garden + town browsing</p> <p>Kirkleatham Walled Garden / Odd Socks open air Shakespeare at Kirkleatham Hall</p> <p>RHS Harlow Carr Gardens, Harrogate (open 9.30-6, £13.85) or Harewood House Gardens (open 10-4, £18) – only 6 miles apart</p> <p>Hutts Himalayan Garden and Sculpture Park – near Ripon (<a href="http://www.himalayangarden.com">www.himalayangarden.com</a>)</p> <p>Auckland Project (castle, gardens, Spanish Gallery art), Bishop Auckland (<a href="http://aucklandproject.org">aucklandproject.org</a>)</p> <p>Ryedale Folklore Museum exhibitions</p> <p>Frosty Penguins Crazy Golf, Redcar</p>	nearer the time, delegated to others as and when for final details		
Fri – Sun 28 – 30 Jun	<p>Derbyshire/Peak District trip – The Japanese Cascades Gardens - Meditation Garden and Bonsai Centre, Bonsall, Matlock, DE4 2AH and Hardwick Hall</p> <p>Crofter's Barn, Wirksworth already booked, sleeps 3</p>	Andrea, Shelagh	Overnight stay, 2 nights  Entry to gardens - £7	
Fri 5/19 Jul 6.30pm onwards	Evening outing to Saltburn – fish and chips!	All		
Summer weekend University trip (late August?)	University of Cambridge (Christ's College) for 2 or 3 nights	ALL welcome - Andrea, Rosemary, Shelagh, Jane	Staying in a university accom cluster flat (£46-59 per night)	Transport with Andrea for 4 or by train
Fri 6 Sep 6.30pm	Fisherman's Friends concert night	All	Gateshead – formerly Sage, £30 approx for tickets	Transport with Andrea for 4
Sat 14 Sept all day	Sheffield National Conference - "Women of Steel"	Andrea	Crowne Plaza Hotel, Sheffield	Transport with Andrea for 3

Fri 20 Sep from 6.30pm	Planning Meeting for the coming year	All	TBC	
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Cinema Club is now up and running with regular trips to Teesside Showcase or Saltburn Cinema Club, as and when we fancy something – so far we have seen “Book Club”, “Mamma Mia Here We Go Again!”, “Guernsey Literary Potato Peel Pie Society”, “The Greatest Showman”, “Bohemian Rhapsody”, “All Is True”, “Mary Queen of Scots”, “Rocketman”, “Blinded by The Light”, “Little Women”, “David Copperfield”, “Off The Rails”, “The Last Bus”, “Belfast”, “The Duke”, “Downton Abbey”, “Fishermen’s Friends”, “See How They Run”, “Ticket to Paradise”, “Where the crawdads sing”, “Living”, “A Man Called Otto”, “What’s Love got to do with it?”, “Alleluja”, “Barbie”, “Empire of Light”, “The Pilgrimage of Harold Fry”, “Love Again”, ....and many more!

We are also planning a mini break to Barcelona in Spring 2025.

**ZOOMS – Wednesdays at 7pm for 40 mins (roughly monthly) – Rosemary to send out invites with themes**

**25<sup>th</sup> October    29<sup>th</sup> November    10<sup>th</sup> January    7<sup>th</sup> February    13<sup>th</sup> March**

- 1. The greatest invention that’s made a positive difference to your life**
- 2. My happy place**
- 3. Reduce, reuse, recycle – sharing tips, what action can we take as individuals**
- 4. Music – inheritance tracks – the record you inherited and the one you would like to pass on**